



POST FILLER INSTRUCTIONS

- Cold compresses (a soft ice pack or a cloth dipped in cold water and wrung out) may be applied to the injected area after treatment to reduce swelling.
- Avoid touching the treated area during the 6 hours following treatment, so you do not accidentally injure your skin while it is numb. After that, the area can be gently washed with soap and water.
- Until any redness or swelling goes away, avoid exposure of the treated area to intense heat (sun lamp or sunbathing).
- If you have previously suffered from facial cold sores, there is a risk that the needle punctures could contribute to a recurrence. Prescription medications may minimize an outbreak if needed.
- Avoid taking aspirin, nonsteroidal anti-inflammatory medications, St. John's wort, or high doses of vitamin E supplements for one week after treatment. These agents may increase bruising and bleeding at the injection site.